

# Spa Serenity

20% gratuity is added to all spa services  
Advanced appointments are recommended

## Body Scrubs are Glorious

Removing those layers of dry skin make your body softer and better able to accept the moisturizing benefits from any products you add on. The scrub whisks away dead skin while stimulating your lymphatic system.

## Invigorating Body Polish – limoncello

We start you off with a dry body exfoliation next comes our limoncello sugar scrub that will awaken your senses as it leaves your skin sooth. This treatment is quick and effective way to renew your bodies' ability to absorb your preferred hydrating product and poolside vitamin D. \$96 / 25 min

## Hydrating Body Polish - limoncello

We start you off with a dry body exfoliation next comes our limoncello sugar scrub that will awaken your senses as it leaves your skin smooth. After you rinse off sugar scrub you are ready to be lathered with our hydrating limoncello body butter. \$192 / 50 min

## Hydrating Body Polish & Heat Therapy – limoncello

We start you off with a dry body exfoliation next comes our limoncello sugar scrub that will awaken your senses as it leaves your skin smooth. Now enjoy a warming removal of sugar scrub and a quick rinse that will leave you ready to be lathered with our hydrating limoncello body butter. \$288 / 80 min

## Customized Massage \$180 / 50 min - \$270 / 80 min

At Spa Serenity each guest is welcome to customize their massage; if you can't decide worry not our Talented Therapists will lead the way to a blissful experience.

## Swedish

Enjoy long flowing strokes, kneading, friction techniques on the superficial layers of the muscles to relax both mind and body, while improving circulation with light to medium pressure.

## Deep Tissue

Relieve chronic patterns of tension in the body through slow deep strokes throughout your body while concentration will be on high tension areas.

## Sports

Sports massage is designed to enhance athletic performance and recovery relevant to their particular sport. Many different movements and techniques are used. For example: compression, friction, vibration, stretching and trigger points.

Aromatherapy \$12

Foot Scrub \$18

Hot oil treatment \$30

Coconut & Tea Tree oil Scalp Massage \$96 – 25 min

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## Desert Embrace

Prickly Pear & Grapefruit hot oil hair treatment  
Full Body dry exfoliation  
Hydrating Grapefruit Massage & body wrap  
Refreshing Mint foot massage while wrapped  
Pool side Margarita  
Gift bag  
\$315 / 80 min

## Head to Toe

Prickly Pear & Grapefruit Hot oil hair Treatment  
Hydrating Grapefruit Massage or hydrating facial  
Refreshing Mint foot massage  
Pool side Margarita  
Gift bag  
\$225 / 50 min

## Reset

When you are on a time budget yet you need a time out to recharge and keep going. This mini getaway starts off with a eucalyptus steam shower, while enjoying a rosemary lemon foot soak. Following will be treatment of your choice.

Select one of our five treatments below:

1. Neck and shoulder massage
2. On the go facial
3. Hot oil hair treatment
4. Invigorating body polish
5. Refreshing mint foot massage

Enjoy a cup of tea in our relaxation room or poolside

\$120 / 50 min